

FOLLOW-UP TOOL: MEDICATION FORM

Current medications:

Changes that have occurred since taking the current medication:

ADHD Symptom Control

(-3) worse
(-2)
(-1)
(0) unchanged
(1)
(2)
(3) better

Tolerability of Medication (side effects)

(-3) worse
(-2)
(-1)
(0) unchanged
(1)
(2)
(3) better

Quality of Life

(-3) worse
(-2)
(-1)
(0) unchanged
(1)
(2)
(3) better

Qualification of global changes that have occurred since medication started

Not applicable (medication not taken)
 Marked improvement
 Small improvement

No change
 Small deterioration
 Marked deterioration

Mark with an X the frequency of any side effects experienced with the current treatment since your last medical appointment. Contact your physician if side effects are significant.

FREQUENCY	SIDE EFFECTS																											
	Appetite reduction	Weight loss	Weight gain	Stomach aches	Nausea	Vomiting	Diarrhea	Dryness (skin/ eyes / mouth)	Thirst	Sore throat	Sleep difficulties	Tics	Headache	Muscular tensions	Fatigue	Dizziness	Sweating	Agitation / excitability	Irritability	Mood instability	Over focus "zombie effect"	Sadness	Heart palpitations	Blood pressure changes	Frequent urination	Sexual dysfunction	Feeling worse or different when medication wears off	
All the time																												
Often																												
Sometimes																												
Not at all																												

Adapted with permission from CADDRA - Canadian ADHD Resource Alliance: Canadian ADHD Practice Guidelines, 4.1 Edition, Toronto ON; CADDRA, 2020.